

Fleetwood Place News

Dear Family & Visitors,

May is a beautiful time of year, filled with the freshness of spring, blooming flowers, and warmer days ahead. We're excited to welcome the season together. We are pleased to announce that the courtyard is now open. Residents and families are invited to enjoy all outdoor spaces, including the courtyard, Bayside, the Creekside balcony, and the front of the building. While painting is not yet complete and there may be some minor interruptions in the future, we are happy to welcome everyone back to these areas especially with the warm weather ahead this weekend.

A heartfelt thank you to all the families and residents who joined us for our very first Welcome Tea. It was truly lovely to spend time together, meet new faces, and connect with members of our community from across all units. We look forward to hosting our next Welcome Tea in August for residents who moved in between April and July.

As the weather warms up, we kindly ask families to be mindful when bringing in treats or specialty drinks. To help keep everyone comfortable, please avoid leaving food or beverages out in rooms or on nightstands, as this can attract ants and other pests.

With warmer temperatures on the way, you may also wish to bring a fan to help keep your loved one's room cool and comfortable during the summer months.

We have a joyful month ahead, with special events planned for everyone to enjoy. Dominique will be joining us for a lively ABBA tribute during our Mother's Day Afternoon Tea on May 6, along with musical guests Brian Zalo and Pete Campbell. We will also be hosting a special Mother's Day Breakfast on May 8 to celebrate the wonderful women in our community.

We will be celebrating Victoria Day on May 18. Please note that there will be no recreation or physiotherapy programs on this statutory holiday.

We look forward to sharing this lovely spring month with you and your loved ones.

Kindly, Pia Dayleg, Recreation Manager



May Letter

April Highlights

May events

Happy Birthday

Meal Tickets

Family Meeting

Mother's Day

Wait Gate Safety

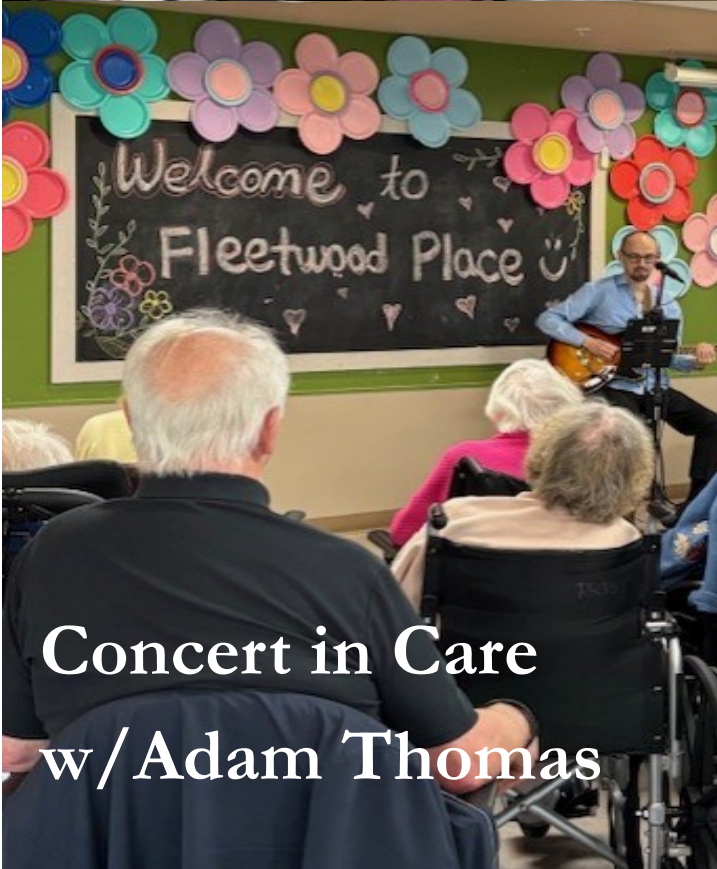
Bottle Fundraising

Family Reminder

April Highlights



Decorating Easter Basket
and Hats



Concert in Care
w/Adam Thomas



April Highlights

Welcome Tea for New Residents



May Events

JOIN US FOR A

Mother's Day Tea

WITH **Dominue Bernath**

She will be performing an **ABBA TRIBUTE** just using her ukulele!

MAY 6TH
2:00 PM
IN THE RECREATION ROOM

Let's celebrate the wonderful **MOMS** in our lives!

It's an **Afternoon Delight** you don't want to miss!

TEA ♥ MUSIC ♥ LOVE ♥ A PERFECT WAY TO CELEBRATE MOM!

JOIN US FOR

Mother's Day BREAKFAST

Celebrate the amazing moms in our lives!

MAY 8 **8:30 AM** IN THE SUNROOM

PLEASE SIGN UP WITH THE RECREATION DEPARTMENT

Thank You Mom!

Good Food
Great Company
Beautiful Memories

YOU ARE INVITED TO

BIRTHDAY PARTY

MAY 5 ON AMBLESIDE
MAY 27 ON CREEKSIDE

2PM-CAKE -
DRINK - MUSIC -

Join Us with

Pacific Academy

♥ GRADE 4 KIDS ♥

MAY 14 & 28
10:30 AM
IN THE RECREATION ROOM

It will be a blast!

Getting to know some of the students and them getting to know our residents.

*Building Connections.
Creating Memories.*

♥ We can't wait to see you there! ♥



**HAPPY
BIRTHDAY**

May 4	Giovanna A.
May 6	Mary B.
May 6	Lavern P.
May 7	Anne Q.
May 10	Jasvinder G.
May 12	Harjinder H.
May 14	Margaret L
May 15	Esther V
May 15	George R.
May 15	Belva W.
May 18	Pam G.
May 22	Jean M.
May 23	Anne D.
May 25	Nadia K.

Guest Meal Purchases

Buy meal tickets at Reception

(Mon–Fri, 9 AM–5 PM).



Pay by credit/debit only

The kitchen does not take payments.

Deadlines

- Lunch: submit by 10:00 AM
- Dinner: submit by 4:00 PM
- Late tickets may not be accepted.

Prices

- **Lunch: \$8 , Dinner: \$10**


meeting


**PUT THIS
on YOUR
CALENDAR!**

Family Meeting

Held on the last
Wednesday of every
month.

May 27 at 3:00 PM in
the sunroom.

ELEVATOR DOOR REMINDER



Please DO NOT
HOLD

Elevator doors open
with your hand or foot.

USE THE DOOR
OPEN BUTTON ON
THE PANEL

The elevator will sense a safety concern and shut down. Elevator repair technicians, will then have to attend, which would result in the elevator being out of service. for a num-

FLEETWOOD PLACE

WELLNESS Week

MAY 11 - 15 at Fleetwood Place

WE APPRECIATE OUR STAFF.
Your well-being matters to us! Taking care of your mind and physical health is important to help you stay balanced, reduce stress, and be your best— at work and in life.

IN PARTNERSHIP WITH

 **RESTORE**
REHAB AND WELLNESS

ORA FITNESS AND YOGA 

SERVICES AVAILABLE

-  IV THERAPY
-  MASSAGE
-  CHIROPRACTIC CARE
-  PHYSIOTHERAPY
-  VITAL HEALTH SCANS

 **Plus!**
NUTRITION TALK & SMOOTHIE DEMO
with our Dietitian

Join us for a quick nutrition talk and learn one of our Dietitian's delicious and healthy smoothie recipes!

 **PARTICIPATE & YOU COULD WIN!**
If you participate in any of the services or events during Wellness Week, your name will be entered into a draw to *win a prize!*

Take time for you. 
Recharge. Relax. Restore. You deserve it!
WE LOOK FORWARD TO SEEING YOU THERE!

 Thank you for all that you do.
You are the heart of Fleetwood Place.

 **YOUR WELL-BEING IS OUR PRIORITY.**
Together, let's keep our minds and bodies strong.





Keep Residents Safe

“Wait & Check Around”

Fleetwood Place Requests
Front Door Gate Must
Be Closed Before You
Come In & Exit To Leave
Check Around That A
Resident Has Not Followed
You Through Exit Doors
Stairwell & Elevators
Ask Staff For Assistance
Tell Your Visiting
Family & Friends
We Have Wandering
Residents With Dementia
This Is Their Home
They Do Not Know Better
But We Do
Please Support Safety



RECYCLE-FUNDRAISE

help fundraise for recreation
right around the corner at
Depot: 16084 Fraser Hwy back
entrance on 84th

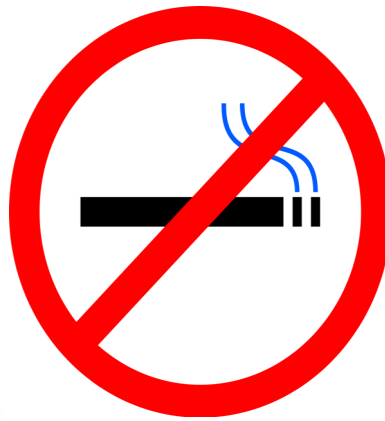
Easy Express Drop Off

- ⇒ bag items in clear bag
- ⇒ enter phone number at
kiosk 604 590 6860
Fleetwood Place—Yes
- ⇒ print labels
- ⇒ stick label to bag and
toss into container

Depot is on left side on 84th
2 doors down from the Pub

Many Thanks To You!





Fleetwood Place Is
A Non Smoking
Community
Smoking Is To Be
30 Feet Away From
The Building

Dear Family & Visitors,

We have many residents that have vulnerabilities compromising their daily activities. Please assist us keeping residents safe in their home during your visits to Fleetwood Place.

- **Do not give food or drinks to residents;** please enjoy your treats with your loved one but do not offer to others, residents may have allergies or swallowing issues that need to be monitored by staff, it can be unsafe for a resident to manage a hot beverage causing injury to themselves or others.
- **Front Entrance; Always Wait For Gate or Front Door To Close**

The gate or front door must be securely closed before you proceed in or out of the building. We have resident's with cognitive decline, memory loss and/or may be seeking to exit outside that could lead to potential harm. We must keep all our loved ones safe in their home. Additionally be aware of residents on the elevator and securely close stairwell doors behind you. Always ask staff for assistance if you are unsure of a potential resident following you from the home unit.

- **Pet Visitors;** we are very happy to have you visit with your pets though we ask that you be mindful of the following:
 - * Not all residents like pets and may become nervous or agitated
 - * Pets must be on a shorter 6 foot leash, **flexi-leashes** are unsafe in this setting as longer leashes can cause a resident, staff or another visitor to fall
 - * Pets are not permitted in the dining rooms during meal times
 - * Pets are not permitted on top of the tables at all times, bring your own dishes
 - * Pets can be off leash only in residents room
 - * Please clean up after your pets at all times